**2025 Queensland School Sport**

**13 – 19 Years Track & Field Championships**

# CERTIFICATE

**of**

**COMPETENCE / QUALIFICATION**

Competitors in **Sprint Hurdles, 200m Hurdles, 400m Hurdles, 3000m, 5000m 1500m Walk, 3000m Walk, 5000m Walk & 2000m Steeple** events at the Queensland School Sport Athletics state championships are required to produce a Certificate signed by an accredited coach in these events (minimum Level One community athletics qualification), stating they are competent in the execution of the event and that they have achieved the set state qualifying standard.

Competency for the purposes of this certification means that the student can execute the technique at a standard that is not likely to cause an unreasonable risk to the safety of either themselves, other competitors, or officials.

**This certificate must accompany the nomination of the student**

**Event:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Time:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Name of Student:**  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Date of Birth:** \_\_\_\_\_\_\_\_\_\_\_\_\_

**School:**  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Region: South West**

**CERTIFICATION**

*I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (name of accredited coach) certify that the abovementioned student is competent in the execution of the technique required for the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (insert event) event and that they have attained the required qualifying standard. Time attained \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

See attached Qualifying Standards Form for 2025 Qualifying Times/Distances.

**Name of Person providing Certification (Please Print):** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Signed:**  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Qualification:**  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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## To Be Returned To Regional Sports Officer By Friday 22 August

## PO Box 456, Roma Q 4455

**Email :** [**tim.leadbetter@qed.qld.gov.au**](mailto:tim.leadbetter@qed.qld.gov.au)

**Track Events – Qualifying Standards**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| MEN |  |  |  |  |  |  |
| **Event** | **13 Years** | **14 Years** | **15 Years** | **16 Years** | **17 Years** | **18-19 Years** |
| **3000 metres** | # | 10:10.0 | 10:00.0 | 9:40.0 | 9:40.0 | # |
| **5000 metres** | # | # | # | # | # | 17:00.0 |
| **3000 metres walk** | 18:40.0 | 18:40.0 | 18:40.0 | # | # | # |
| **5000 metres walk** | # | # | # | 29:00.0 | 29:00.00 | 29:00.0 |
| **Sprint hurdle** | 15.06  (15.30) | 15.9  (16.14) | 15.5  (15.74) | 16.6  (16.84) | 16.6  (16.84) | 16.7  (16.94) |
| **200 metres hurdle** | # | 29.80  (30.04) | 29.80  (30.04) | # | # | # |
| **400 metres hurdle** | # | # | # | 1:02.8  (1:02.94) | 1:02.8  (1:02.94) | 1:03.8  (1:03.94) |
| **2000 metres Steeple** | # | 7:15.0 | 7:00.0 | 7:00.0 | 6:50.0 | # |
| **3000 metres Steeple** |  |  |  |  |  | 10:20.0 |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| WOMEN |  |  |  |  |  |  |
| **Event** | 13 Years | 14 Years | **15 Years** | **16 Years** | **17 Years** | **18-19 Years** |
| **3000 metres** | # | 11:22.0 | 11:22.0 | 11:22.0 | 11:22.0 | # |
| **5000 metres** |  |  |  |  |  | 18:50.0 |
| **3000 metres walk** | 19:00.0 | 19:00.0 | 19:00.00 | # | # | # |
| **5000 metres walk** | # | # | # | 32:00.0 | 32:00.00 | 32:00.0 |
| **Sprint hurdle** | 14.3  (14.54) | 15.7  (15.94) | 15.6  (15.84) | 17.5  (17.74) | 17.4  (17.64) | 17.4  (17.64) |
| **200 metres hurdle** | # | 32.0  (32.24) | 32.0  (32.24) | # | # | # |
| **400 metres hurdle** | # | # | # | 1:13.0  (1:13.14) | 1:13.0  (1:13.14) | 1:13.0  (1:13.14) |
| **2000 metres Steeple** | # | 8:40.0 | 8:40.0 | 8:40.0 | 8:40.0 | # |
| **3000 metres Steeple** |  |  |  |  |  | 13:20.0 |

* **Athletes must compete in the age group according to their year of birth.**
* **# No event this age group.**